

Pizza Program Meeting Emcee

Gwen Briesmeister



Gwen is an independent filmmaker, former gifted/ talented coordinator, and video production instructor. She worked for more than 25 years mentoring students in a variety of documentary, narrative, and news projects. For the past 14 years, she has been working on short independent documentary projects focusing on ordinary individuals doing extraordinary things. Her films have screened at several film festivals throughout the Midwest.

Our Mission:

The mission of the PowerTalk Power Club is to educate, entertain, and engage our Power Pal members to participate in fun, alternative yet complementary professional development meetings where every member has the opportunity to prospect, promote, and present their programs, products, and services in order to enhance their own business and professional growth.

Our Vision:

The PowerTalk Power Club is designed to empower you. We invite you to participate as a "Power Pal" Speaker and a Powerful Networker. Our interactive professional learning environment will support your development as a VIP Speaker, Entrepreneur, and Small Business Leader.

Our Values:

Members of this club seek to support one another through effective feedback in the form of speaker presentation evaluations, networking and referrals, and sharing resources that can help our members achieve their personal and professional development goals.

Our Overall Objective:

Our overall objective is to encourage all our Club Members to continue to grow as business professionals and to help foster a supportive and fun social environment for personal enrichment.



Who We Are:



Roman & Vitalia Pundyk are award winning international speakers, coaches, authors, and area experts who deliver training programs that result in leadership development, improved communication, and organizational growth.

In addition to offering their own powerful on-site presentations for small businesses and corporations, this dynamic Power Team invites you to participate in their unique content-rich, interactive, high value networking and learning experience as a

**Power Pal Member
of the
PowerTalk Power Club!**

"Expert Presentations & Small Business Networking for Relationships, Rewards, and Results!"

Need more info? - Contact us at
Phone: 952-221-1701
vitalia@powertalkseminars.com
www.powertalkseminars.com

PowerTalk Seminars, LLC

"Communicating for Results!"



**Exciting
Engaging
Educational
Events!**

PowerTalk Power Club

Pizza Panel Program

4 quarterly sessions = \$60

6:00pm-9:00pm on the following Tuesdays:

- ◆ March 12th
- ◆ June 11th
- ◆ Sept. 10th
- ◆ Dec. 10th

FRANKIE'S



Pizza, Pop, & Panel Presentations



6:00pm Meet! Greet! Eat!

6:30pm President's Welcome
Brief Introductions - Program Overview

6:45pm You Are Worthy!
Michelle Perdue, M.Ed/DTM/SAG

7:20pm The Stupid Things We Do As Kids!
Roman Pundyk, DTM/DPP

7:55pm PSA: Command Strip MythBusters!
Susan Kaulbars

8:30pm Timer's Report of 3 Speakers
Speaker Interview
Emcee Guided Panel Discussion
Audience Q & A

8:45pm President - General Evaluation
Guest Comments &
Member Announcements

9:00pm Thank You & Meeting Adjourned!

Note: All Keynote & Mini-Workshop Presentations are 15-30 minutes max. We will have 5 minute stretch breaks after each of the 3 speaker presentations.

PowerTalk Panel Presenter #1 Michelle Perdue, M.Ed/DTM/SAG



Speech Title:

You Are Worthy -

How to Manage Your Imposter Syndrome and Own Your Power!

Description: This presentation, "You Are Worthy" is destined to inspire you to think and act beyond your fears and the limitations of your comfort zone. It will guide you to a place of understanding so that you accept who you are with grace and compassion.

Learning Objectives:

- Learn to find value in your voiceless victories to maintain and sustain your happiness.
- Define success in a way that optimizes your humanity with confidence and compassion.
- Learn how to challenge the self-limiting thoughts that undermine your power to attain the results and recognition you deserve.

Brief Bio: Michelle Perdue, M.Ed., is a Resilience Keynote Speaker, Workshop Facilitator and a Transformational Coach who is known to impact the lives of many.

As a graduate of the University of Minnesota with a master's degree in education, a veteran of the Army Reserves, a certified speaking coach, and a trained actress who is a member of the Screen Actors Guild, Michelle enthusiastically embraces all of her gifts and talents to make a difference.

PowerTalk Panel Presenter #2 Roman Pundyk, DTM/DPP



Speech Title:

The Stupid Things We Do As Kids!

Description: When you reach a certain age, you tend to reflect on different aspects of your life. You reflect on childhood, your teen years, young adulthood, and finally your middle to upper ages. As children growing up, Roman has done things that in retrospect makes him wonder; "how did he survive?" Want to hear some of the crazy stuff he did as a kid? You've got to come to the pizza program!

Learning Objectives: N/A

Brief Bio: Co-Founder of PowerTalk Seminars & Vice President of PowerTalk Power Club - & Sr. Director - Legal Shield.

Roman is an Independent Contractor with LegalShield providing affordable access to the legal system. He assists individuals, families, small and large businesses with legal services and Identity Theft Protection programs.

PowerTalk Panel Presenter #3 Susan Kaulbars



Speech Title: Public Service Announcement
Command Strip Mythbusters...

Description: Hanging artwork on your walls involves more than purchasing command strips! Picture Framers around the country LOVE that our customers use them as we all marvel at the number of command strip failures we fix. Today, you'll learn some art hanging tips and tricks to ease your stress level when hanging your favorite artwork in your home or office.

Learning Objectives:

- Education about command strips and Alternatives available to hang artwork.
- When there's no wire - there's a reason...

Brief Bio: With nearly 20 years' experience in the Picture Framing industry, Susan's framing industry experience includes managing a "Big Box" framing department, private galleries, a Sales Rep for a local framing supply vendor, and a Picture Framing Educator. Married for 41 yrs. to John, her family includes a son Ryan and his wife AnneMarie, a Daughter Stephanie, and a granddaughter, along with 3 grand fur-babies. Susan's favorite motto is: "Be brave enough to suck at something."